

Typology of Learning Modalities

		Thought / Action	Mode of Cognition		
Individual/Social Activity	Time of Stimulus		Instant/Reflex	Reactive/Intuitive	Deliberative/Analytic
	Past Episode(s)	Deliberative	Implicit linkage of past memories with current experience	Brief near-spontaneous reflection on past episodes, communications, events, experiences	Review of past actions, communications, events' experiences. Systematic reflection
			Pattern Recognition		
	Current experience	Reactive	A selection from experience enters the memory	Incidental noting of facts, opinions, ideas. Recognition of learning opportunities	Engagement in decision making, problem solving, planned informal learning
Future behavior	Metacognitive	Unconscious effect of previous experiences	Being prepared for emergent learning opportunities	Planned learning goals. Planned learning opportunities	